



Kid's Fundraising Handbook

This guide was created to show children of all ages how to put the FUN in FUNdraising! Use the ideas below for school or in your local community to get started on your way to becoming an American Liver Foundation Liver Life Walk fundraising "All Star".

Before getting started, remember to:

Customize your HQ Center

Personalize your Webpage- once you are signed up for an event, customize your HQ Center by adding a picture and share why you are raising money. If you or a loved one has liver disease be sure to include a picture of yourself or a picture with that person.

FUNdraising Ideas: Host a bake sale

Set up a table with baked goods at a public place, garage sale or local city event. Here is a tasty recipe to get you started:

MARSHMALLOW KRISPIES

Ingredients:

4 cups **Marshmallows** (the bigger the packet...the more you can make)

5 cups **Rice Krispies**...The cereal (amount depends on how many marshmallows you have)

¹⁄₄ cup B**utter**

Tools Needed:

A bowl	A pan or microwave
A spoon or two	A fridge

- First melt the butter in a pan on a low heat. Add the marshmallows stirring until everything becomes a thick liquid or warm butter and marshmallows in microwave until melted.
- 2. When hot pour into bowl of Rice Krispies and mix (add more if required).
- **3.** Then pour the mixture into a baking tray (greased or lined with baking paper) and keep in fridge until hard and ready to eat.
- 4. Cut it up into bite-sized pieces then serve.



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Write letters asking for donations

- Write letters to family and friends asking them to donate.
- Ask your teacher for permission to write a letter to your classmates about why you are walking in the Liver Life Walk and ask them for support. Be sure to include information about the great work the American Liver Foundation is doing to end liver disease one day.

Create a lemonade stand

 On the weekend, set-up a lemonade outside of your house and sell lemonade. Get creative and offer a variety of flavors like strawberry, mango or blackberry!

Use your birthday

 Instead of presents, ask friends and family to donate towards your fundraising.

Change for Charity

Ask your principal if you can ask all the teachers in your grade if their class can collect change for one month. Each room can decorate a container that represents their class. At the end of the month, the classroom that raised the most money will win a pizza party! Ask local pizzeria's to donate the pizza.

Teachers Car Wash

 Ask teachers and students to spend one Saturday washing cars in the school parking lot for a fee. Advertise in school and your local community to create a buzz and get as many cars as possible to come.

Thank you to all our young fundraisers for helping us work towards a world without liver disease!







American Liver Foundation 39 Broadway Suite 2700 New York, NY 10006